

# California School for the Deaf, Riverside

## Menu for the Week of: September 23 through 27, 2019

Day	Breakfast	Lunch	Dinner
Monday 23	<p>Assorted Fruit Juice Fresh Fruit Assorted Cold Cereal</p> <p><b>French Toast Sticks</b> Syrup</p> <p>Milk</p>	<p><b>Nacho w/Ground Beef &amp; Cornbread</b> Refried Beans/Salsa</p> <p>Salad Bar <i>Choice of Dressing</i></p> <p>Assorted Fruit Juice Chilled Fruit</p> <p>Milk</p>	<p><b>Egg Foo Yong</b> Steamed Rice</p> <p>Salad Bar <i>Choice of Dressing</i> Dinner Roll/Margarine</p> <p>Strawberry Mousse/Fresh Fruit</p> <p>Milk</p>
Tuesday 24	<p>Assorted Fruit Juice Chilled Fruit Assorted Cold Cereal (MS, HS)</p> <p><b>English Muffin w/Cheese Omelet</b> <i>Margarine/Catsup</i></p> <p>Milk</p>	<p><b>Chicken Strips w/Dinner Roll</b> Mashed Potatoes/Gravy Autumn Blend</p> <p>Salad Bar Choice of Dressing <i>Margarine/Catsup</i></p> <p>Graham Crackers/Fresh Fruit</p> <p>Milk/Chocolate Milk</p>	<p><b>Chili Dogs w/Cornbread</b> American Fries/Catsup</p> <p>Salad Bar <i>Choice of Dressing</i></p> <p>Sunflower Butter Bar/Fresh Fruit</p> <p>Milk</p>
Wednesday 25	<p>Fresh Fruit Assorted Cold Cereal (HS)</p> <p><b>Toasted Cheese Melt</b> Hashbrown/Catsup</p> <p>Milk</p>	<p><b>Meat Quesadilla w/Spanish Rice</b> Mexicorn/Salsa</p> <p>Salad Bar <i>Choice of Dressing</i></p> <p>Frozen Juice Bar/Fresh Fruit</p> <p>Milk</p>	<p><b>BUFFET</b></p> <p>Salad Bar <i>Choice of Dressing</i></p> <p>Assorted Breads/<i>Margarine</i> Assorted Vegetables Assorted Desserts Milk</p>
Thursday 26	<p>Assorted Fruit Juice Fresh Fruit Assorted Cold Cereal (HS)</p> <p><b>Egg &amp; Sausage Bagel</b></p> <p>Milk</p>	<p><b>Cheeseburger</b> (Fixings:Lettuce/Tomatoes/Onions/Pickles Catsup/Mayonnaise/Mustard) French Fries</p> <p>Salad Bar <i>Choice of Dressing</i></p> <p>Mixed Fruit Salad</p> <p>Milk/Chocolate Milk</p>	<p><b>Meat Taco w/Spanish Rice</b> Refried Beans/Salsa</p> <p>Salad Bar <i>Choice of Dressing</i></p> <p>Churro/Chilled Fruit</p> <p>Milk</p>
Friday 27	<p>Assorted Fruit Juice Fresh Fruit</p> <p><b>Cinnamon Roll Gogurt</b></p> <p>Milk</p>	<p><b>Seasoned Baked Chicken</b> Brown Rice Pilaf Capri Blend</p> <p>Salad Bar <i>Choice of Dressing</i></p> <p>Chocoleana Cake Fresh Fruit</p> <p>Milk</p>	<p>WEEKLY MENU 2019-2020 1Q WK3</p>

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\*Menu subject to change without notice.