

California School for the Deaf, Riverside

Menu for the Week of: October 7 through 11, 2019

Day	Breakfast	Lunch	Dinner
Monday 7	Assorted Fruit Juice Fresh Fruit Assorted Cold Cereal French Toast Sticks <i>Syrup</i> Milk	Honey Lemon Chicken Steamed Rice Stir-Fry Vegetables Salad Bar Choice of Dressing Fruited Almond Jello/Fresh Fruit Milk	Roast Turkey Mashed Potatoes/Gravy Autumn Blend Salad Bar <i>Choice of Dressing</i> Blueberry Lime Pie/Fresh Fruit Milk
Tuesday 8	Fresh Fruit Assorted Cold Cereal (MS, HS) English Muffin w/Egg Patty <i>Margarine/Catsup</i> Milk	Cheeseburger (Fixings:Lettuce/Tomatoes/Onions/Pickles Catsup/Mayonnaise/Mustard) Potato Wedges Salad Bar <i>Choice of Dressing</i> Fresh Fruit Milk/Chocolate Milk	Meat Quesadilla w/Spanish Rice Mexicorn/Salsa Salad Bar <i>Choice of Dressing</i> Lemon Bar/Chilled Fruit Milk
Wednesday 9	Assorted Fruit Juice Fresh Fruit Assorted Cold Cereal (HS) Breakfast Roll Up <i>Salsa</i> Milk	Baked Potato w/Meat & Cheese Sauce Bread Stick Salad Bar <i>Choice of Dressing</i> Frozen Yogurt/Chilled Fruit Milk	BUFFET Salad Bar <i>Choice of Dressing</i> Assorted Breads/ <i>Margarine</i> Assorted Vegetables Assorted Desserts Milk
Thursday 10	Fresh Fruit Assorted Cold Cereal Wheat Toast w/Cheese Omelet Margarine/Jelly/Catsup Milk	Meat Enchilada w/Spanish Rice Refried Beans Salad Bar <i>Choice of Dressing</i> Assorted Fruit Juice Mixed Fruit Salad Milk/Chocolate Milk	Chili Cheese Fries w/Cornbread Taco Soup/Tortilla Chips Salad Bar <i>Choice of Dressing</i> Churro/Fresh Fruit Milk
Friday 11	Assorted Fruit Juice Chilled Fruit Assorted Cold Cereal Stromboli Milk	Pizza w/BBQ Chicken Broccoli Salad Salad Bar <i>Choice of Dressing</i> Chocoleana Cake/Fresh Fruit Milk	WEEKLY MENU 2019-2020 2Q WK1

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 *Menu subject to change without notice.