

# California School for the Deaf, Riverside

## Menu for the Week of: October 21 through 25, 2019

Day	Breakfast	Lunch	Dinner
Monday 21	<p>Fresh Fruit Assorted Cold Cereal</p> <p><b>Egg Waffles</b> Hash Brown Syrup/Catsup</p> <p>Milk</p>	<p><b>Grilled Seasoned Chicken Patty Sandwich</b> French Fries</p> <p>Salad Bar <i>Choice of Dressing</i> <i>Mayonnaise/Catsup</i></p> <p>Assorted Fruit Juice/Chilled Fruit</p> <p>Milk</p>	<p><b>Carne Asada w/Tortilla</b> Spanish Rice/Salsa Mexicorn</p> <p>Salad Bar <i>Choice of Dressing</i></p> <p>Strawberry Cake/Fresh Fruit</p> <p>Milk</p>
Tuesday 22	<p>Assorted Fruit Juice Fresh Fruit Assorted Cold Cereal (HS)</p> <p><b>Meat Quesadilla</b> Salsa</p> <p>Milk</p>	<p><b>Meatballs w/Mariana Sauce</b> Spaghetti Noodles w/Garlic Bread Autumn Blend</p> <p>Salad Bar <i>Choice of Dressing</i></p> <p>Fresh Fruit</p> <p>Milk/Chocolate Milk</p>	<p><b>Nacho w/Ground Beef &amp; Cornbread</b> Chicken Noodle Soup</p> <p>Salad Bar <i>Choice of Dressing</i></p> <p>Sunflower Butter Bar/Chilled Fruit</p> <p>Milk</p>
Wednesday 23	<p>Assorted Fruit Juice Fresh Fruit Assorted Cold Cereal</p> <p><b>Pancakes</b> Syrup</p> <p>Milk</p>	<p><b>Meat Taco w/Spanish Rice</b> Refried Beans/Salsa</p> <p>Salad Bar <i>Choice of Dressing</i></p> <p>Churro/Mixed Fruit Salad</p> <p>Milk</p>	<p><b>BUFFET</b></p> <p>Salad Bar <i>Choice of Dressing</i></p> <p>Assorted Breads/Margarine Assorted Vegetables Assorted Desserts</p> <p>Milk</p>
Thursday 24	<p>Assorted Fruit Juice Chilled Fruit</p> <p><b>Assorted Bagel w/Cream Cheese &amp; Jelly</b> Cheese Omelet Catsup</p> <p>Milk</p>	<p><b>Teriyaki Chicken</b> Steamed Rice Stir-Fry Vegetables</p> <p>Salad Bar <i>Choice of Dressing</i></p> <p>Graham Crackers/Fresh Fruit</p> <p>Milk/Chocolate Milk</p>	<p><b>BBQ Pork on a Bun</b> American Fries/Catsup</p> <p>Salad Bar <i>Choice of Dressing</i></p> <p>Brownie/Fresh Fruit</p> <p>Milk</p>
Friday 25	<p>Assorted Fruit Juice Fresh Fruit</p> <p><b>Cinnamon Roll Yogurt</b></p> <p>Milk</p>	<p><b>Empanada</b> Chicken Tortilla Soup/Corn on Cob</p> <p>Salad Bar <i>Choice of Dressing</i></p> <p>Oatmeal Raisins Cookie/Fresh Fruit</p> <p>Milk</p>	<p>WEEKLY MENU 2019-2020 2Q WK3</p>

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\*Menu subject to change without notice.