

California School for the Deaf, Riverside

Menu for the Week of: November 4 through 8, 2019

Day	Breakfast	Lunch	Dinner
Monday 4	<p>Assorted Fruit Juice Fresh Fruit</p> <p>Pancakes Egg Patty <i>Syrup/Catsup</i></p> <p>Milk</p>	<p>Chicken Strips w/Hawaiian Roll Mashed Potatoes/Gravy Capri Blend</p> <p>Salad Bar Choice of Dressing <i>Catsup/Margarine</i></p> <p>Assorted Fruit Juice/Frozen Fruit Cup</p> <p>Milk</p>	<p>Egg Foo Yong Steamed Rice Chicken Vegetables Soup</p> <p>Salad Bar <i>Choice of Dressing</i></p> <p>Cupcake/Fresh Fruit</p> <p>Milk</p>
Tuesday 5	<p>Assorted Fruit Juice Chilled Fruit Assorted Cold Cereal (HS)</p> <p>Egg & Sausage Bagel</p> <p>Milk</p>	<p>Meat Quesadilla w/Spanish Rice Mexicorn/Salsa</p> <p>Salad Bar <i>Choice of Dressing</i></p> <p>Frozen Juice Bar/Fresh Fruit</p> <p>Milk/Chocolate Milk</p>	<p>Meat Lasagna w/Garlic Bread Autumn Blend</p> <p>Salad Bar <i>Choice of Dressing</i></p> <p>Apple Streusel Bar/Fresh Fruit</p> <p>Milk</p>
Wednesday 6	<p>Fresh Fruit Assorted Cold Cereal</p> <p>Egg Waffles Hash Brown <i>Syrup/Catsup</i></p> <p>Milk</p>	<p>Grilled Chicken Patty Sandwich Tater Tots</p> <p>Salad Bar <i>Choice of Dressing Mayonnaise/Catsup</i></p> <p>Fruited Jello/Fresh Fruit</p> <p>Milk</p>	<p>BUFFET</p> <p>Salad Bar <i>Choice of Dressing</i></p> <p>Assorted Breads/<i>Margarine</i> Assorted Vegetables Assorted Desserts</p> <p>Milk</p>
Thursday 7	<p>Fresh Fruit Assorted Cold Cereal</p> <p>Wheat Toast w/Scrambled Eggs <i>Margarine/Jelly/Catsup</i></p> <p>Milk</p>	<p>Nacho w/Ground Beef & Cornbread Refried Beans/Salsa</p> <p>Salad Bar <i>Choice of Dressing</i></p> <p>Churro/Fresh Fruit</p> <p>Milk/Chocolate Milk</p>	<p>Carnitas w/Tortilla Spanish Rice/Salsa</p> <p>Salad Bar <i>Choice of Dressing</i></p> <p>Rice Krispy/Chilled Fruit</p> <p>Milk</p>
Friday 8	<p>Assorted Fruit Juice Fresh Fruit Assorted Cold Cereal (MS, HS)</p> <p>Empanada</p> <p>Milk</p>	<p>Honey Lemon Chicken Steamed Rice Stir-Fry Vegetables</p> <p>Salad Bar <i>Choice of Dressing</i></p> <p>Brownie/Mixed Fruit Salad</p> <p>Milk</p>	<p style="text-align: center;">WEEKLY MENU 2019-2020 2Q WK1</p>

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*Menu subject to change without notice.