

# California School for the Deaf, Riverside

Menu for Week of September 19 through 23, 2022

Day	Breakfast	Lunch	Dinner
Monday 19	Fruit Juice Chilled Fruit Assorted Cold Cereal (HS)  Pancakes Cheese Omelet Syrup  Milk	<b>Cheeseburger</b> Potato Wedges  Salad Bowl <i>Ranch Dressing</i> <i>Mayonnaise/Catsup</i>  Frozen Fruit Cup/Fruit juice  Milk	Korean BBQ Steamed Rice Capri Blend  Salad Bowl Ranch Dressing/Soy Sauce  Banana Whipped Delight/Fresh Fruit  Milk
Tuesday 20	Fruit Juice Applesauce w/Cinnamon Assorted Cold Cereal  Meat Quesadilla Salsa  Milk	<b>Meat Enchilada</b> Spanish Rice Mexicorn  Cucumber & Carrots <i>Ranch Dressing</i>  Fresh Fruit  Milk	Grilled Ham & Cheese Sandwich Tater Tots  Salad Bowl Ranch Dressing/catsup  Strawberry Cake/Chilled Fruit  Milk
Wednesday 21	Fruit Juice Fresh Fruit Assorted Cold Cereal (HS)  Applesauce Oatmeal Muffin Tri Taters/Catsup  Milk	<b>Spaghetti w/Meat Sauce</b> Summer Blend Bread Stick  Salad Bowl <i>Ranch Dressing</i>  Frozen Fruit Cup/Chilled Fruit  Milk	Taco Salads Spanish Rice  Salad Bowl Ranch Dressing/Salsa  Rice Krispy/Fresh Fruit  Milk
Thursday 22	Fruit Juice Chilled Fruit  French Toast Sticks Scrambled Eggs Syrup  Milk	<b>Irish Nacho w/Ground Beef</b> Jalapeno Cheddar Cornbread  Cucumber & Carrots <i>Ranch Dressing</i>  Graham Crackers/Fresh Fruit  Milk	Chili Cheese Fries Hotdog on a Bun  Salad Bowl Ranch Dressing/Catsup  Sunflower Butter Bar/Chilled Fruit  Milk
Friday 23	Fruit Juice Fresh Fruit Assorted Cold Cereal (HS)  Stromboli Yogurt Parfait  Milk	<b>Seasoned Baked Chicken</b> Mashed Potatoes/Gravy Dinner Roll  Salad Bowl <i>Ranch Dressing/Margarine</i>  Lemon Cupcake Frozen Fruit Cup/Chilled Fruit  Milk	<b>Cheeseburger &amp; Hotdog</b> Potato Wedges  Salad Bowl <i>Ranch Dressing</i> <i>Mayonnaise/Catsup</i>  Cookie Frozen Fruit Cup/Fresh Fruit  Milk

This institution is an equal opportunity provider. Esta institucion es un proveedor igual de la oportunidad.

\*Menu subject to change without notice.