

California School for the Deaf, Riverside

Menu for Week of October 3 through 7, 2022

Day	Breakfast	Lunch	Dinner
Monday 3	<p>Fruit Juice Chilled Fruit</p> <p>French Toast Sticks Cheese Omelet Syrup</p> <p>Milk</p>	<p>Meat Enchilada Spanish Rice Pinto Beans</p> <p>Salad Bowl <i>Ranch Dressing</i></p> <p>Frozen Fruit Cup/Chilled Fruit</p> <p>Milk</p>	<p>Pork Chow Mein Mixed Vegetables</p> <p>Salad Bowl Ranch Dressing/Soy Sauce</p> <p>Rice Krispy/Fresh Fruit</p> <p>Milk</p>
Tuesday 4	<p>Fruit Juice Chilled Fruit Assorted Cold Cereal (HS)</p> <p>Egg & Sausage Bagel</p> <p>Milk</p>	<p>Cheeseburger Tater Tots</p> <p>Cucumber & Carrots <i>Ranch Dressing</i> <i>Mayonnaise/Catsup</i></p> <p>Fresh Fruit</p> <p>Milk</p>	<p>BBQ Chicken Mashed Potatoes/Gravy Dinner Roll</p> <p>Salad Bowl Ranch Dressing/Margarine</p> <p>Sunflower Butter Bar/Chilled Fruit</p> <p>Milk</p>
Wednesday 5	<p>Fruit Juice Fresh Fruit Assorted Cold Cereal</p> <p>Breakfast Roll Up Salsa</p> <p>Milk</p>	<p>Teriyaki Chicken Steamed Rice Stir-Fry Vegetables</p> <p>Salad Bowl <i>Ranch Dressing</i></p> <p>Cranberries/Chilled Fruit</p> <p>Milk</p>	<p>Pepperoni Pizza Chicken Ceasar Salad</p> <p>Salad Bowl Ranch Dressing</p> <p>Strawberry Cake/Fresh Fruit</p> <p>Milk</p>
Thursday 6	<p>Fruit Juice Fresh Fruit Assorted Cold Cereal (HS)</p> <p>Wheat Toast Scrambled Eggs Margarine</p> <p>Milk</p>	<p>Meat Lasagna Capri Blend Garlic Bread</p> <p>Cucumber & Carrots <i>Ranch Dressing</i></p> <p>Frozen Fruit Cup/Fresh Fruit</p> <p>Milk</p>	<p>Meat Flautas Spanish Rice Mexicorn</p> <p>Salad Bowl Ranch Dressing/Salsa</p> <p>Churro/Applesauce w/Cinnamon</p> <p>Milk</p>
Friday 7	<p>Fruit Juice Fresh Fruit</p> <p>Breakfast Hot Pocket Yogurt Parfait</p> <p>Milk</p>	<p>Fish Burger Potato Wedges</p> <p>Salad Bowl <i>Ranch Dressing</i> <i>Mayonnaise/Catsup</i></p> <p>Blueberry Lemon Muffin Frozen Fruit Cup/Fresh Fruit</p> <p>Milk</p>	<p>WEEKLY MENUS 2022-2023 2Q W1</p>

This institution is an equal opportunity provider. Esta institucion es un proveedor igual de la oportunidad.
*Menu subject to change without notice.

