

# California School for the Deaf, Riverside

Menu for Week of October 24 through 28, 2022

Day	Breakfast	Lunch	Dinner
Monday 24	Fruit Juice Applesauce w/Cinnamon Assorted Cold Cereal (MS/HS)  English Muffin Egg Patty Margarine  Milk	<b>Spaghetti w/Meat Sauce</b> Capri Blend Bread Sticks  Salad Bowl <i>Ranch Dressing</i>  Frozen Fruit Cup/Chilled Fruit  Milk	Seasoned Baked Chicken Mashed Potatoes/Gravy Autumn Blend  Salad Bowl Ranch Dressing  Muffin/Fresh Fruit  Milk
Tuesday 25	Fruit Juice Chilled Fruit Assorted Cold Cereal  Breakfast Burrito Salsa  Milk	Chimichanga Spanish Rice Mexicorn  Cucumber & Carrots <i>Ranch Dressing/Salsa</i>  Churro/Fresh Fruit  Milk	Meat Lasagna w/Garlic Bread Capri Blend  Salad Bowl Ranch Dressing/Catsup  Strawberry Pie/Chilled Fruit  Milk
Wednesday 26	Fruit Juice Fresh Fruit  Sunshine Melt Yogurt Parfait  Milk	<b>Cheeseburger</b> Tater Tots  Salad Bowl <i>Ranch Dressing</i> <i>Mayonnaise/Catsup</i>  Chilled Fruit  Milk	Teriyaki Chicken Steamed Rice Stir-Fry Vegetables  Salad Bowl Ranch Dressing/Soy Sauce  Cookie/Fresh Fruit  Milk
Thursday 27	Fruit Juice Chilled Fruit Assorted Cold Cereal (HS)  Assorted Bagel w/Cream Cheese & Jelly Sausage Patty  Milk	<b>Pepperoni Pizza</b> Chicken Ceasar Salad  Cucumber & Carrots <i>Ranch Dressing</i>  Frozen Fruit Cup/Fresh Fruit  Milk	BBQ Pork on a Bun French Fries  Salad Bowl Ranch Dressing/Catsup  Lemon Bar/Chilled Fruit  Milk
Friday 28	Fruit Juice Fresh Fruit Assorted Cold Cereal (HS)  Cinnamon Roll Tri Taters/Catsup  Milk	<b>Meat Taquitos</b> Spanish Rice Pinto Beans  Salad Bowl <i>Ranch Dressing</i> <i>Salsa/Sour Cream</i>  Brownie Frozen Fruit Cup/Chilled Fruit Milk	WEEKLY MENUS 2022-2023 2Q W4