

# California School for the Deaf, Riverside

Menu for Week of November 7 through 11, 2022

Day	Breakfast	Lunch	Dinner
Monday 7	Fruit Juice Chilled Fruit Assorted Cold Cereal (HS)  Egg Waffles Cheese Omelet Syrup  Milk	<b>BBQ Chicken</b> Mashed Potatoes/Gravy Dinner Roll  Salad Bowl <i>Ranch Dressing/Margarine</i>  Graham Crackers Frozen Fruit Cup Applesauce w/Cinnamon  Milk	Carnitas w/Tortilla Spanish Rice Mexicorn  Salad Bowl Ranch Dressing/Salsa  Strawberry Mousse/Fresh Fruit  Milk
Tuesday 8	Fruit Juice Chilled Fruit  Sunshine Melt Yogurt Parfait  Milk	<b>Teriyaki Chicken</b> Steamed Rice Stir-Fry Vegetables  Cucumber & Carrots <i>Ranch Dressing</i>  Fresh Fruit  Milk	Meat Lasagna Autumn Blend/Bread Stick  Salad Bowl Ranch Dressing  Brownie/Chilled Fruit  Milk
Wednesday 9	Fruit Juice Fresh Fruit Assorted Cold Cereal (HS)  Egg & Sausage Bagel  Milk	<b>Meat Quesadilla</b> Spanish Rice Pinto Beans  Salad Bowl <i>Ranch Dressing/Salsa</i>  Frozen Fruit Cup/Chilled Fruit  Milk	Ham & Egg Fried Rice Chicken Noodles Soup  Salad Bowl Ranch Dressing/Soy Sauce  Cookie/Fresh Fruit  Milk
Thursday 10	Fruit Juice Chilled Fruit  Conchas Hash Browns/Catsup  Milk	<b>Cheeseburger</b> Potato Wedges  Cucumber & Carrots <i>Ranch Dressing</i> <i>Mayonnaise/Catsup</i>  Cupcake Frozen Fruit Cup/Fresh Fruit  Milk	School Not In Session
Friday 11	Veterans Holiday	Veterans Holiday	WEEKLY MENUS 2022-2023 2Q W2

This institution is an equal opportunity provider. Esta institucion es un proveedor igual de la oportunidad.

\*Menu subject to change without notice.