


# California School for the Deaf, Riverside

Menu for Week of December 12 through 16, 2022

Day	Breakfast	Lunch	Dinner
Monday 12	Fruit Juice Chilled Fruit Assorted Cold Cereal (HS)  Egg Waffles Scrambled Egg Syrup  Milk	Chicken w/Teriyaki Steamed Rice Stir-Fry Vegetables  Cucumber & Carrot sticks <i>Ranch Dressing</i>  Frozen Fruit Cup Applesauce w/Cinnamon  Milk	Chimichanga Spanish Rice Pinto Beans  Salad Bowl Ranch Dressing/Salsa  Lemon Bar/Fresh Fruit  Milk
Tuesday 13	Fruit Juice Chilled Fruit  Sunshine Melt Yogurt Parfait  Milk	<b>Cheeseburger</b> American Fries  Celery Sticks & Tomatoes <i>Ranch Dressing</i> <i>Mayonnaise/Catsup</i>  Fresh Fruit  Milk	Meat Lasagna Capri Blend/Bread Stick  Salad Bowl Ranch Dressing  Brownie/Chilled Fruit  Milk
Wednesday 14	Fruit Juice Fresh Fruit Assorted Cold Cereal (HS)  Egg & Sausage Bagel  Milk	<b>Meat Quesadilla</b> Spanish Rice Pinto Beans  Salad Bowl <i>Ranch Dressing/Salsa</i>  Apple Juice/Chilled Fruit  Milk	Chicken Chow Mein Mixed Vegetables  Salad Bowl Ranch Dressing/Soy Sauce  Fruited Jello/Fresh Fruit  Milk
Thursday 15	Fruit Juice Chilled Fruit Assorted Cold Cereal (MS/HS)  English Muffin Cheese Omelet Margarine  Milk	<b>Roast Turkey</b> Mashed Potatoes/Gravy Dinner Roll  Jicama & Tomatoes <i>Ranch Dressing/Margarine</i>  Pumpkin Pie Frozen Fruit Cup/Fresh Fruit  Milk	Pepperoni Pizza Cream of Vegetables Soup  Salad Bowl Ranch Dressing  Holiday Cookie Chilled Fruit  Milk
Friday 16	Fruit Juice Chilled Fruit  Banana Bread Hash Browns/Catsup  Milk	<b>Chicken Nuggets</b> Potato Wedges Bread Sticks  Cucumber & Carrot Salad <i>Ranch Dressing/Catsup</i>  Holiday Cupcake Chilled Fruit  Milk	

This institution is an equal opportunity provider. Esta institucion es un proveedor igual de la oportunidad.  
 \*Menu subject to change without notice.