

California School for the Deaf, Riverside

Menu for Week of January 16 through 20, 2023

Day	Breakfast	Lunch	Dinner
Monday 16	Martin Luther King	Martin Luther King	Martin Luther King
Tuesday 17	Fruit Juice Chilled Fruit Assorted Cold Cereal (HS) Assorted Bagel w/Cream Cheese & Jelly Scrambled Eggs Milk	BBQ Chicken Mashed Potatoes/Gravy Bread Sticks Celery Sticks & Tomatoes <i>Ranch Dressing</i> Pretzels Applesauce w/Cinnamon Milk	Meat Lasagna w/Garlic Bread Capri Blend Salad Bowl Ranch Dressing Strawberry Pie/Fresh Fruit Hot Chocolate Milk/Milk
Wednesday 18	Fruit Juice Chilled Fruit Sunshine Melt Yogurt Parfait Hot Chocolate Milk/Milk	Meat Flautas Spanish Rice Pinto Beans Salad Bowl <i>Ranch Dressing/Salsa</i> Frozen Fruit Cup/Fresh Fruit Milk	Nacho w/Ground Beef & Cheese Sauce Jalapeno Cheddar Cornbread Salad Bowl Ranch Dressing Cookie/Chilled Fruit Milk
Thursday 19	Fruit Juice Fresh Fruit Assorted Cold Cereal Breakfast Burrito Salsa Milk	Pepperoni Pizza Minestrone Soup/Crackers Chicken Cesar Salad Apple Juice/Chilled Fruit Milk	Honey Lemon Chicken Steamed Rice Stir-Fry Vegetables Salad Bowl Ranch Dressing/Soy Sauce Lemon Bar/Fresh Fruit Hot Chocolate Milk/Milk
Friday 20	Fruit Juice Fresh Fruit Assorted Cold Cereal (HS) Cinnamon Roll Tri Taters/Catsup Hot Chocolate Milk/Milk	Cheeseburger Potato Wedges Jicama & Cucumber <i>Ranch Dressing</i> <i>Mayonnaise/Catsup</i> Brownie Frozen Fruit Cup/Chilled Fruit Milk	WEEKLY MENUS 2022-2023 3Q W2

This institution is an equal opportunity provider. Esta institucion es un proveedor igual de la oportunidad.
*Menu subject to change without notice.