

California School for the Deaf, Riverside

Menu for Week of January 30 through February 3, 2023

Day	Breakfast	Lunch	Dinner
Monday 30	Fruit Juice Chilled Fruit Assorted Cold Cereal (HS) Assorted Bagel w/Cream Cheese & Jelly Egg Patty Milk	Chimichanga Spanish Rice Pinto Beans Cucumber & Carrot Sticks <i>Ranch Dressing/Salsa</i> Frozen Fruit Cup/Chilled Fruit Milk	Orange Chicken Chow Mein Salad Bowl Ranch Dressing/Soy Sauce Blueberry Muffin/Fresh Fruit Milk
Tuesday 31	Fruit Juice Chilled Fruit Toasted Cheese Melt Yogurt Parfait Milk	Meat Lasagna w/Garlic Bread Winter Blend Celery Sticks & Tomatoes <i>Ranch Dressing</i> Apple Juice/Fresh Fruit Milk	Meat Enchilada Spanish Rice Refried Beans Salad Bowl Ranch Dressing Churro/Chilled Fruit Hot Chocolate Milk/Milk
Wednesday 1	Fruit Juice Fresh Fruit Assorted Cold Cereal (HS) Egg Waffles Scrambled Eggs Syrup Hot Chocolate Milk/Milk	Seasoned Baked Chicken Mashed Potatoes/Gravy Bread Sticks Salad Bowl <i>Ranch Dressing</i> Graham Crackers Chilled Fruit Milk	Chili Cheese Fries Corndog Salad Bowl Ranch Dressing Peach Turnover/Fresh Fruit Milk
Thursday 2	Fruit Juice Chilled Fruit Assorted Cold Cereal (MS, HS) English Muffin Sausage Patty Margarine Milk	Meat Quesadilla Spanish Rice Mexicorn Jicama & Cucumber <i>Ranch Dressing/Salsa</i> Fresh Fruit Milk	Pizza with BBQ Chicken Cream of Potato Soup/Crackers Salad Bowl Ranch Dressing Cookie/Applesauce w/Cinnamon Hot Chocolate Milk/Milk
Friday 3	Fruit Juice Fresh Fruit Assorted Cold Cereal (HS) Conchas Hash Browns/Catsup Hot Chocolate Milk/Milk	Cheeseburger French Fries Carrot Raisin Salad <i>Mayonnaise/Catsup</i> Chocolate Cake Frozen Fruit Cup/Chilled Fruit Milk	WEEKLY MENUS 2022-2023 3Q W4

This institution is an equal opportunity provider. Esta institucion es un proveedor igual de la oportunidad.
 *Menu subject to change without notice.