

California School for the Deaf, Riverside

Menu for Week of February 6 through 10, 2023

Day	Breakfast	Lunch	Dinner
Monday 6	Fruit Juice Chilled Fruit Assorted Cold Cereal (HS) Pancakes Sausage Patty Syrup Milk	Grilled Chicken Patty Mashed Potatoes/Gravy Capri Blend Cucumber & Carrot Sticks <i>Ranch Dressing</i> Pretzels/Chilled Fruit Milk	Meat Flautas Spanish Rice Refried Beans Salad Bowl Ranch Dressing/Salsa Cupcake/Fresh Fruit Milk
Tuesday 7	Fruit Juice Applesauce w/Cinnamon Assorted Cold Cereal Meat Quesadilla Salsa Milk	Taco Salad Spanish Rice Pinto Beans Celery Sticks & Tomatoes <i>Ranch Dressing</i> <i>Salsa/Sour Cream</i> Frozen Fruit Cup/Fresh Fruit Milk	Ham & Egg Fried Rice Winter Blend Salad Bowl Ranch Dressing/Soy Sauce Cookie/Fresh Fruit Hot Chocolate Milk/Milk
Wednesday 8	Fruit Juice Fresh Fruit Assorted Cold Cereal (HS) Applesauce Oatmeal Muffin Tri Taters/Catsup Hot Chocolate Milk/Milk	Honey Lemon Chicken Steamed Rice Stir Fry Vegetables Salad Bowl <i>Ranch Dressing</i> Pudding/Fresh Fruit Milk	Grilled Cheese Sandwich Minestrone Soup/Crackers Salad Bowl Ranch Dressing Rice Krispy/Chilled Fruit Milk
Thursday 9	Fruit Juice Fresh Fruit French Toast Sticks Scrambled Eggs Syrup Milk	Cheeseburger Tater Tots Jicama & Carrots <i>Ranch Dressing</i> <i>Mayonnaise/Catsup</i> Apple Juice/Chilled Fruit Milk	Irish Nacho w/Cheese Sauce Jalapeno Cheddar Cornbread Salad Bowl Ranch Dressing Churro/Fresh Fruit Hot Chocolate Milk/Milk
Friday 10	Fruit Juice Chilled Fruit Breakfast Hot Pocket Yogurt Parfait Hot Chocolate Milk/Milk	Hawaiian Pizza Corn on a Cob Cucumber & Carrot Salad <i>Ranch Dressing</i> Fruited Jello Frozen Fruit Cup/Fresh Fruit Milk	WEEKLY MENUS 2022-2023 3Q W1

This institution is an equal opportunity provider. Esta institucion es un proveedor igual de la oportunidad.
 *Menu subject to change without notice.