

# California School for the Deaf, Riverside

Menu for Week of August 28 through September 1, 2023

Day	Breakfast	Lunch	Dinner
Monday 28	Fruit Juice Chilled Fruit  French Toast Sticks Cheese Omelet Syrup  Milk	<b>Teriyaki Chicken</b> Steamed Rice Stir-Fry Vegetables  Cucumber & Carrot Sticks <i>Ranch Dressing</i>  Apple Juice/Chilled Fruit  Milk	Cheeseburger French Fries  Salad Bowl Ranch Dressing Mayonnaise/Catup  Sunflower Butter Bar/Fresh Fruit  Milk
Tuesday 29	Fruit Juice Chilled Fruit Assorted Cold Cereal  Meat Quesadilla Salsa  Milk	<b>Pepperoni Pizza</b> Corn on a Cob  Salad Bowl Ranch Dressing  Frozen Fruit Cup/Fresh Fruit  Milk	Pork Chow Mein Asian Chicken Salad  Soy Sauce  Brownie/Chilled Fruit  Milk
Wednesday 30	Fruit Juice Fresh Fruit Assorted Cold Cereal (MS,HS)  Egg & Sausage Bagel  Milk	<b>Meat Taquitos</b> Spanish Rice Pinto Beans  Jicama & Tomatoes <i>Ranch Dressing</i> <i>Salsa/Sour Cream</i>  Applesauce w/Cinnamon  Milk	BBQ Chicken Mashed Potatoes/Gravy Capri Blend  Salad Bowl Ranch Dressing  Fruited Jello/Fresh Fruit Milk
Thursday 31	Fruit Juice Chilled Fruit  Wheat Toast Scrambled Eggs Margarine  Milk	<b>Nacho w/Ground Beef</b> Cornbread Mexicorn  Celery Sticks & Cucumber Ranch Dressing  Churro/Fresh Fruit  Milk	Meat Enchilada Spanish Rice Refried Beans  Salad Bowl Ranch Dressing  Apple Streusel Bar/Chilled Fruit  Milk
Friday 1	Fruit Juice Fresh Fruit Assorted Cold Cereal (MS,HS)  Banana Bread Tri Tater/Catsup  Milk	<b>Breaded Chicken Sandwich</b> Potato Wedges  Ceasar Salad <i>Mayonnaise/Catsup</i>  Strawberry Cake Frozen Fruit Cup/Chilled Fruit  Milk	WEEKLY MENUS 2023-2024 1Q W4

This institution is an equal opportunity provider. Esta institucion es un proveedor igual de la oportunidad.  
 \*Menu subject to change without notice.