

California School for the Deaf, Riverside

Menu for Week of September 25 through 29, 2023

| Day | Breakfast | Lunch | Dinner |
|--------------|--|--|--|
| Monday 25 | Fruit Juice Chilled Fruit Pancakes Tri Taters Syrup Milk | Meat Lasagna Summer Blend Bread Stick Cucumber & Carrot Sticks <i>Ranch Dressing</i> Frozen Fruit Cup/Chilled Fruit Milk | Korean BBQ Steamed Rice Mixed Vegetables Salad Bowl Ranch Dressing/Soy Sauce Banana Whipped Delight/Fresh Fruit Milk |
| Tuesday 26 | Fruit Juice Chilled Fruit Assorted Cold Cereal (MS, HS) Egg & Sausage Bagel Milk | Irish Nacho w/Cheese Sauce Cornbread Refried Beans Celery Sticks & Tomatoes Ranch Dressing Graham Crackers/Fresh Fruit Milk | Seasoned Baked Chicken Mashed Potatoes/Gravy Capri Blend Salad Bowl Ranch Dressing Rice Krispy/Chilled Fruit Milk |
| Wednesday 27 | Fruit Juice Fresh Fruit Waffles Scrambled Eggs Syrup Milk | Teriyaki Chicken Steamed Rice Stir-Fry Vegetables Salad Bowl <i>Ranch Dressing</i> Applesauce w/Cinnamon Milk | Empanada Mexican Corn Salad Sunflower Butter Bar/Fresh Fruit Milk |
| Thursday 28 | Fruit Juice Chilled Fruit Assorted Cold Cereal (MS, HS) Sunshine Melt Milk | Cheeseburger Tater Tots Jicama & Tomatoes Ranch Dressing <i>Mayonnaise/Catsup</i> Pudding/Fresh Fruit Milk | Meat Flautas Spanish Rice Refried Beans Salad Bowl Ranch Dressing/Salsa Churro/Fresh Fruit Milk |
| Friday 29 | Fruit Juice Fresh Fruit Assorted Cold Cereal Banana Bread Milk | Meat Quesadilla Spanish Rice Pinto Beans Cucumber & Carrot Salad Salsa Brownie/Chilled Fruit Milk | WEEKLY MENUS 2023-2024 1Q W4 |

This institution is an equal opportunity provider. Esta institucion es un proveedor igual de la oportunidad.
 *Menu subject to change without notice.