California School for the Deaf, Riverside

Menu for Week of October 9 through 13, 2023

Werld for Week of October 9 tillough 13, 2023			
Day	Breakfast	Lunch	Dinner
6	Fruit Juice Chilled Fruit	Meat Enchilada Spanish Rice Pinto Beans	Spaghetti w/Meat Sauce Capri Blend Bread Sticks
Monday 9	French Toast Sticks Scrambled Eggs Syrup	Cucumber & Carrot Sticks Ranch Dressing	Salad Bowl Ranch Dressing
_	Milk	Frozen Fruit Cup/Chilled Fruit	Lemon Bar/Fresh Fruit
		Milk	Milk
Tuesday 10	Fruit Juice Fresh Fruit Assorted Cold Cereal (MS, HS)	Baked Potato w/Cheese Sauce & Ground Beef Cornbread	Teriyaki Chicken Steamed Rice Stir-Fry Vegetables
	Egg & Sausage Bagel	Mexican Ceasar Salad Sour Cream Fresh Fruit	Salad Bowl Ranch Dressing
	Milk	Milk	Fruited Jello/Chilled Fruit Milk
11	Fruit Juice Fresh Fruit	BBQ Chicken Macaroni & Cheese Autumn Blend	Chili Cheese Fries Hotdog on a Bun
Wednesday	Wheat Toast Cheese Omelet Margarine	Salad Bowl <i>Ranch Dressing</i> Frozen Fruit Cup/Fresh Fruit	Salad Bowl Ranch Dressing Rice Krispy/Fresh Fruit
	Milk	Milk	Milk
Thursday 12	Fruit Juice Chilled Fruit Assorted Cold Cereal	Meat Taquitos Spanish Rice Refried Beans	School Not
	Banana Bread	Jicama & Carrots Ranch Dressing Salsa/Sour Cream	In Session
	Milk	Blueberry Muffin/Chilled Fruit Milk	
Friday 13	School Not In Session	School Not In Session	WEEKLY MENUS 2023-2024 2Q W2

This institution is an equal opportunity provider. Esta institucion es un proveedor igual de la oportunidad. *Menu subject to change without notice.