California School for the Deaf, Riverside

Menu for Week of October 16 through 20, 2023

Propher			
Day	Breakfast	Lunch	Dinner
Monday 16	School Not In Session	School Not In Session	School Not In Session
Tuesday 17	Fruit Juice Chilled Fruit Assorted Cold Cereal (MS, HS) Meat Quesadilla Salsa	Meatballs w/Marinara Sauce Spaghetti Noodles/Bread Stick Autumn Blend Cucumber & Carrots Ranch Dressing Fresh Fruit	Chicken Flautas Spanish Rice Refried Beans Salad Bowl Ranch Dressing/Salsa
	Milk	Milk	Sunflower Butter Bar/Chilled Fruit
Wednesday 18	Fruit Juice Fresh Fruit English Muffin Sausage Patty Margarine Milk	Honey Lemon Chicken Steamed Rice Stir-Fry Vegetables Celery Sticks & Tomatoes Ranch Dressing Frozen Fruit Cup/Chilled Fruit Milk	Cheeseburger French Fries Salad Bowl Ranch Dressing Mayonnaise/Catsup Strawberry Mousse Pie/Fresh Fruit Milk
Thursday 19	Fruit Juice Applesauce w/Cinnamon Pancakes Scrambled Eggs Syrup Milk	Nacho w/Ground Beef Pinto Beans Cornbread Salad Bowl Ranch Dressing Graham Crackers/Fresh Fruit Milk	Ham & Eggs Fried Rice Asian Chicken Salad Cookie/Chilled Fruit Milk
Friday 20	Fruit Juice Fresh Fruit Assorted Cold Cereal Blueberry Muffin Milk	Chimichanga Spanish Rice Mexicorn Cucumber & Tomatoes Ranch Dressing/Salsa Chocolate Cake/Chilled Fruit Milk	WEEKLY MENUS 2023-2024 2Q W3

This institution is an equal opportunity provider. Esta institucion es un proveedor igual de la oportunidad. *Menu subject to change without notice.