

# California School for the Deaf, Riverside

Menu for Week of December 4 through 8, 2023

Day	Breakfast	Lunch	Dinner
Monday 4	<p>Fruit Juice Chilled Fruit</p> <p>Egg Waffles Scrambled Eggs Syrup</p> <p>Milk</p>	<p><b>Meat Lasagna</b> Capri Blend Garlic Bread</p> <p>Cucumber &amp; Carrot Sticks <i>Ranch Dressing</i></p> <p>Frozen Fruit Cup/Chilled Fruit</p> <p>Milk</p>	<p>Chicken Stir Fry Steamed Rice</p> <p>Salad Bowl Ranch Dressing/Soy Sauce</p> <p>Sunflower Butter Bar/Fresh Fruit</p> <p>Milk</p>
Tuesday 5	<p>Fruit Juice Chilled Fruit</p> <p>Sunshine Melt Yogurt</p> <p>Milk</p>	<p><b>Chicken Fajita w/Tortilla</b> Spanish Rice Pinto Beans</p> <p>Celery Sticks &amp; Tomatoes <i>Ranch Dressing/Salsa</i></p> <p>Fresh Fruit</p> <p>Milk</p>	<p>Hawaiian Pizza Corn on a Cob</p> <p>Salad Bowl Ranch Dressing</p> <p>Chocolate Cake Applesauce w/Cinnamon</p> <p>Milk</p>
Wednesday 6	<p>Fruit Juice Fresh Fruit Assorted Cold Cereal (MS, HS)</p> <p>Breakfast Burrito Salsa</p> <p>Milk</p>	<p><b>Baked Potato</b> <b>Cheese Sauce &amp; Ground Beef</b> Cornbread</p> <p>Chicken Ceasar Salad <i>Sour Cream</i></p> <p>Graham Crackers/Chilled Fruit</p> <p>Milk</p>	<p>Spaghetti w/Meat Sauce Mixed Vegetables Bread Sticks</p> <p>Salad Bowl Ranch Dressing</p> <p>Lemon Muffin/Fresh Fruit</p> <p>Milk</p>
Thursday 7	<p>Fruit Juice Chilled Fruit Assorted Cold Cereal (MS, HS)</p> <p>Egg &amp; Sausage Bagel</p> <p>Milk</p>	<p><b>BBQ Chicken</b> Mashed Potatoes/Gravy Bread Sticks</p> <p>Jicama Sticks &amp; Cucumber <i>Ranch Dressing</i></p> <p>Pretzels/Fresh Fruit</p> <p>Milk</p>	<p>Fish &amp; Chips w/Dinner Roll Chicken Noodles Soup/Crackers</p> <p>Salad Bowl Ranch Dressing Margarine/Catsup</p> <p>Cookie/Chilled Fruit</p> <p>Milk</p>
Friday 8	<p>Fruit Juice Fresh Fruit Assorted Cold Cereal</p> <p>Applesauce Oatmeal Muffin</p> <p>Milk</p>	<p><b>Meat Quesadilla</b> Spanish Rice Refried Beans</p> <p>Salad Bowl <i>Ranch Dressing/Salsa</i></p> <p>Brownie Chilled Fruit</p> <p>Milk</p>	<p>WEEKLY MENUS 2023-2024 2Q W1</p>

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\*Menu subject to change without notice.