

# California School for the Deaf, Riverside

Menu for Week of October 23 through 27, 2023

Day	Breakfast	Lunch	Dinner
Monday 23	Fruit Juice Chilled Fruit  Egg Waffles Cheese Omelet Syrup  Milk	<b>Meat Lasagna</b> Bread Stick Autumn Blend  Cucumber & Carrot Sticks <i>Ranch Dressing</i>  Frozen Fruit Cup/Chilled Fruit  Milk	Carnitas w/Tortilla Spanish Rice Refried Beans  Salad Bowl Ranch Dressing/Salsa  Churro/Fresh Fruit  Milk
Tuesday 24	Fruit Juice Applesauce w/Cinnamon  Assorted Bagel w/Cream Cheese & Jelly  Milk	<b>Cheeseburger</b> French Fries  Celery Sticks & Tomatoes <i>Ranch Dressing</i> <i>Mayonnaise/Catsup</i>  Pudding/Fresh Fruit  Milk	Chicken Chow Mein Mixed Vegetables  Salad Bowl Ranch Dressing/Soy Sauce  Lemon Cake/Chilled Fruit  Milk
Wednesday 25	Fruit Juice Fresh Fruit Assorted Cold Cereal (MS, HS)  Breakfast Burrito Salsa  Milk	<b>Herb Seasoned Chicken</b> Mashed Potatoes/Gravy Dinner Roll  Salad Bowl <i>Ranch Dressing</i>  Pretzels/Fresh Fruit  Milk	Grilled Cheese Sandwich Tater Tots  Salad Bowl Ranch Dressing/Catsup  Brownie/Chilled Fruit  Milk
Thursday 26	Fruit Juice Fresh Fruit  Toasted Cheese Melt Tri Taters  Milk	<b>Meat Quesadilla</b> Spanish Rice Pinto Beans  Jicama & Cucumber <i>Ranch Dressing/Salsa</i>  Chilled Fruit  Milk	BBQ Pork Macaroni & Cheese Capri Blend  Salad Bowl Ranch Dressing  Banana Whipped Delight/Chilled Fruit  Milk
Friday 27	Fruit Juice Chilled Fruit Assorted Cold Cereal  Banana Bread  Milk	<b>Hawaiian Pizza</b> Corn on a Cob  Celery Sticks & Carrots <i>Ranch Dressing</i>  Cookie Fresh Fruit  Milk	WEEKLY MENUS 2023-2024 2Q W4

This institution is an equal opportunity provider. Esta institucion es un proveedor igual de la oportunidad.  
 \*Menu subject to change without notice.

